Learning Conversation Notes	
Name of Partner:	Date:
Sierra Nevada Children's Services – Parent	5/4/05
Leadership	
Number Served:	Ages & Ethnicity: All Children & Adults Served were Hispanic.
Began with 18 adults <3 were	
pregnant> with 17 children ages 0-5. Graduated 14 adults <3 were	Began with 18 adults <3 were pregnant> with children the following ages:
pregnant> with 14 children ages 0-5.	0 years old- 3 1 year old- 2 2 years old- 1 3 years old- 2 4 years old- 7
	Graduated 14 adults <3 were pregnant> with children the following ages: 0 years old- 1 1 year old- 2 2 years old- 1 3 years old- 2 4 years old- 4 5 years old- 4
When Served: September 2004-present.	Gender: Began with 8 girls and 9 boys. Graduated the class with 7 girls and 7 boys.
Conversation Participants: Nancy Baggett, Sandra Villarruel, Reyna Rojas, Margarita de Nevarez, Maria Marsten- Snideman, Martha Cerna, Alma Jimenez, Ruth Hall, Tamara Liberman, Mike Romero, Patricia Sarmiento, and Sylvia Ambriz.	
Outcomes:	
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Performance Measures:	
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What is this data telling us about achievement of outcomes?

- Ages of children are pretty evenly distributed
- Two of the children that didn't complete were under one
- Children's ages changed (birthdays) over the time of the program

Three Questions from Questionnaire

- Do you know what self-esteem is?
- Do you have life goals and objectives set?
- Do you know the universal rights of your child?

Question 1

<u>Pre Test – 3 of 14 could define self-esteem (i.e. when we feel inferior to other people)</u> Post Test – 14 of 14 could define self-esteem (i.e. to value oneself to have self acceptance and pride)

- A high self-esteem parent is much better able to care for their child in a healthy way awareness if the first step to achieving self-esteem many of the comments show that parents are û self-esteem.
- The participants in the room said that self-esteem had increased for all the participants and they were comfortable discussing it and knew the importance of having self0esteem to be successful as parents and to pass on self-esteem to their children at a very young age to prevent their children from getting into drugs and trouble need to know and give self-esteem now instead of when they are teen-agers.
- The self-esteem directly affects the parents becoming empowered and transfers through their parenting to help their children achieve healthy development

Ouestion 2

<u>Pre – 6 of 14 (i.e. not exactly, my goal would be how to survive in this country)</u> Post – 14 of 14 (i.e. Yes, my goals are that my sons get a good education, become great professionals)

- Participants on the pre-test either had no goals and no comments or had strong goals the women that had goals mentioned taking care of themselves.
- Post-test Almost everyone had comments and goals listed even those with goals on the pre- were more refined and almost every goal mentioned their goals for their children too (responses spoke directly to Outcome #1)
- Overall theme shifted from parents being "providers" to their children to being directly involved with the children and advocating for their children.

Question 3 - UN Convention Definition

<u>Pre – 6 of 14 yes (i.e. No, but I would like to have more information)</u>

Post -13 of 14 yes (i.e. Yes, the right to be heard, the right to play, the right to their own opinion and the right to be loved)

In what ways will we apply what we have learned from our data?

- It wasn't as easy for all the couples to attend (some had to take care of children at home).
 - ⇒ Would like to work to make it more feasible for couples to attend together
- Keep the same time frame for future trainings (it seemed to work almost everyone completed).
- The size of the group was appropriate, however could have taken more participants.
- It helps to see all of the questionnaire responses to "paint" the pre- and post- picture.
- Would be more ideal to do the post questionnaire at the last class not at home
- It worked to use both the survey and questionnaire Acted as a reinforcement for what the participants had learned.
- The questionnaire should not have as many questions next time.
- The way the questionnaire data was presented was great they showed their conclusions as a result of the answers but also were able to show all of the responses, which validated the conclusions and the achievement of the outcomes.
- Follow-up survey will be done 6 months after graduation versus on graduation (in the future).

 Questions will be altered to measure application versus what they plan to do.

Other points that were made during the conversation:

- It was well attended by both men and women $(4 5 \text{ couples}) \Rightarrow \text{more men}$ participated in this program than they usually see in this area
- Pulled out the 3 questions from the questionnaire administered by the Trainer that spoke directly to the outcomes
- The Trainer brought his family and extended family with him to the first session this spoke volumes to the participants and truly set the tone as being family focused
- Through the home-visiting portion of this program there is a tremendous amount of talking occurring and referrals are made to resources in the community.

Next Steps:

- Develop some "kits" to take out on the homevisiting visits in order to train parents around appropriate developmental activities with the materials and also train cross culturally
- Get together with First 5 at the beginning of November for next Learning Conversation.
- Maybe do a class reunion.